



A new EAP = Employee Assistance Program that you will find useful!

Wellness Partners Group's new EAP Service provides you with coaching, counseling, and **on-line support** for you or your family help with:

- Stress Management Issues
- Emotional and Mental Health Concerns
- Substance Use Concerns
- Tobacco Cessation
- Parenting Related Issues
- Workplace Conflict
- Worry and Anxiety Issues
- Financial Stressors
- When in doubt call us!

What sets us apart from other EAP programs:

Convenience

We believe you will benefit by our on-line content which is available to you wherever you are, whenever you need it! It's also available to your family.

For example:

- **WORRY:** You wake up at 3am and worried about your kids - *you can access our [Intro to Worry video](#).*
- **TIME MANAGEMENT:** You have too much to do and too little time - you can check out the Introduction to our [Time Management video](#).
- **BAD HABITS:** Having trouble breaking bad habits...over eating, working out, etc...? Check out the [Introduction to Breaking Bad Habits](#).

We tailor services to the individual, whatever support is most convenient:

- Face to Face
- Texting
- Phone (864) 660-2048
- [Email](#)

DISCLAIMER: This is not a crisis line, if this is an emergency dial 911 or head to your nearest emergency room – we are a support service only.

Wellness Partners Group's goal is to take the **STRESS** out of getting help for **STRESS!**